

- Free Come Try Ringette events open to children 4 to 14 years old
- New and experienced skaters warmly welcomed
- Dress appropriately with gloves/mittens and any protective equipment you may have (knee and elbow pads)
- Sticks, skates and helmets will be provided for preregistered kids (www.ComeTryRingette.ca)



Ringette Facts

Ringette is a co-ed, team ice sport developed in Canada in 1963. Ringette uses straight sticks to spear, pass and shoot rings. It develops great skating skills and fantastic hand eye co-ordination combining rules from sports like hockey, basketball and soccer to create a fast and exciting game

play it.love it.live it.



**Vancouver
Ringette invites
you to Come Try
Ringette for
FREE!**

Hillcrest Arena
Saturday 2:00 pm Feb 20, 2016

Trout Lake Arena
Sunday 8:30 am Feb 28, 2016

Coaches and players will be on the ice teaching some of the many skills involved in the game as well as providing lots of fun and enthusiasm.

Bring a buddy and you can play with them on the ice!

Vancouver Ringette is a community of talented players and supportive families providing a great place to learn how to skate and play a non-contact sport on the ice.

Register online at
www.ComeTryRingette.ca
or contact
VRAComeTryRingette@gmail.com



Check www.VancouverRingette.ca
for future scheduled events in
August

Ringette is played from September to March. Weekly games are played throughout the Lower Mainland among the 9 member associations.

The following are the divisions by age. Practices are held weekly as are games (starting date dependent on the division)

U07

4 to 6 year olds learning how to skate. Games starting in January if they are up for that challenge.

U09

Youth under the age of 9 who are more solid on their skates and ready to start games in late November. Inexperienced 8 year old skaters do very well here.

U10

9 year old players and 8 year olds who are reasonable skaters enjoy this division as games start October.

U12 / U14 / U16 / U19

Youth who start playing games at the end of September. New players are welcome though their introduction into games will be based on player readiness.

