

**Calling all Tigers (& their Parents as Volunteers) come join the 2018 Track and Field Team
ALL Grades Welcome!!!!**

Practices: 3 practices each week (8 am to 8:45 am Monday, Wednesday, Friday) Rain or Shine!

**Please note there are no practices on school closure days, pro-D days or statutory holidays.*

First practice - Wednesday, April 18, 2018 at 8 am on the Tennyson field

Events: Relay, sprints, shot-put, high-jump, long-jump & more

Meets: Grades 4-7 for 3 City meets. Grades K-3 for Tennyson school mini-meet on May 25th, 2018

Meet schedule: 2 Mini Meets at Camosun School Field 3:30-5pm

JUNIORS (Grades 3, 4 &5): Thursday May 10th & Wednesday May 16th

SENIORS (Grades 6&7): Tuesday May 8th & Monday May 14th

DISTRICT FINAL MEET AT POINT GREY SECONDARY: MONDAY MAY 23rd (JUNIORS 8:30AM-12:30PM, SENIORS 1-3:30PM)

Equipment & Expectations: Running Shoes, jacket for cool mornings, water and snack for after practice, change of clothes. *Please try to attend all practices meets and be on time.*

Cost: Free! (Tennyson Orange Athletic shirt \$20 or Full set \$30: Orange T-shirt, Socks & Hat, Black Long Sleeve shirt

PLEASE RETURN THIS LOWER PORTION TO THE Track and Field BOX OUTSIDE THE SCHOOL MAIN OFFICE on or before Friday, April 20, 2018

Student's Full Name (Please print clearly): _____

Gender: Male Female

Division / Grade: ____/____ Parents Name: _____

E-mail: _____

Phone Number: _____ 2nd Phone Number: _____

Emergency Contact Name: _____ Relation: _____ Emergency Contact Phone: _____

BC Medical Services Plan Personal Health No.: _____

Allergies and reaction(s) (e.g. specific drugs, certain foods, insect stings, hay fever): _____

Carries Epi pen? Yes No

Other Health/Medical/Dietary Concerns/restrictions (e.g. inhaler, medical alert bracelet): _____

Additional Information

**Parents/Guardians, Children grade 2 and younger need a parent with them during practices and meets.*

Informed Consent & Acknowledgment of Risk

While coaches will take reasonable steps to prevent injuries to students, some degree of risk is inherent in the nature of this activity, and may occur without fault on the part of the student, school board, its employees or agents, or the facility where the activity is taking place.

By allowing your child to participate in this activity, you are agreeing that the activity described above is suitable for your child and, and that there is a risk of injury associated with the activity. My child has been informed that he/she is to abide by the rules and regulations, including directions and instructions from the school's and/or service provider's administrators, instructors, and supervisors over all phases of the program/activity. In the event my child fails to abide by these rules and regulations, disciplinary action may require his/her exclusion from further participation or that I be contacted to have him/her picked up, unless I have specified other transport arrangements. I acknowledge that the trip supervisors may secure transport to emergency medical services as they deem necessary for my child's immediate health and safety, and that I shall be financially responsible for such services (VSB Field Studies Resource Book, p.24). The staff and volunteers of Lord Tennyson Elementary, or parties associated with the Vancouver School Board or any Vancouver elementary schools will not be held liable for any lost, stolen or damaged belongings.

I, _____ (Name of legal guardian) hereby give permission for my son/daughter to participate in the Tennyson Track and Field Program.

Signature of Legal Guardian: _____

Date: _____

***Note:** Photographs and video may be taken of participants to be used for promotional purposes. **Please check the box below if you have any concerns regarding your child being photographed.** All information on this form is confidential between the registrant, their guardian & Coaching team.

I DO NOT give the permission for my child to be photographed/videotaped.

Parent Volunteers Needed (check box if interested):

- Co-lead warm-ups or help at activity stations
- Team parent at mini-meets (take attendance, coordinate rides)
- Drive team members to the meets
- Friday Team Snack Coordinator/Volunteer